

# Moseley Community Fridge

A friendly space where  
food brings people together



**Thursdays,  
11.30am–1.30pm,  
at Moseley Hive**

## Who is it for?

**Everyone!** You don't need a referral or a voucher. Just come along, say hello, and see what's on offer.

## What is it for?

- ✓ To offer a warm, welcoming space
- ✓ To share good food that might otherwise go to waste
- ✓ To support local growers, shops, and cafes.



# It's about more than food.

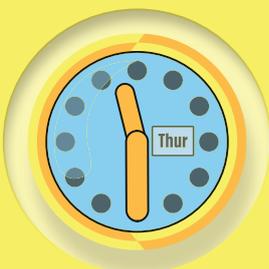
We're building a space where everyone has a **warm welcome** – to chat, share ideas, and feel part of our local community.

We give out **surplus** and **donated** food, but we also **buy in** food, including **fruit and vegetables**. This means **everyone** can choose some **healthy** groceries to take home.

## How does it work?

**We're not a food bank. You choose what you'd like.**

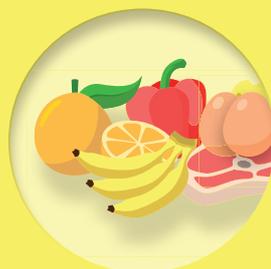
Don't worry if you arrive after 11.30 – we bring food out in stages so there's always something left to enjoy.



1. Come to the Moseley Hive on **Thursdays**, **11.30am – 12.30pm.**



2. Take a ticket when you arrive. Have a cuppa while you wait.



3. When your number's called, pick the groceries you'd like to take home.



4. **12:30pm** – Stay for a mug of hot soup and a chat!

# Where does the food come from?



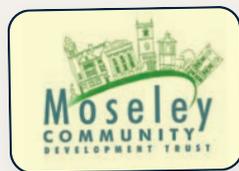
**Surplus** from local  
supermarkets



Produce from  
local **gardens**  
and **allotments**



**Donations**  
from local  
people



Healthy food,  
such as fruit and  
vegetables, that  
**we buy** for you

**SORRENTO**  
LOUNGE

**Soup** made  
for us by the  
local restaurant,  
Sorrento Lounge



# THANK YOU!

Every week **it costs us £11 per visitor** to run the Fridge, and together **our volunteers give 25 hours of their time**. Thank you to everyone who helps keep this free event going!

- ✓ Volunteers
- ✓ Staffing costs
- ✓ Fruit & veg
- ✓ Tea, coffee, milk
- ✓ Food pick-up
- ✓ Venue costs



The Fridge is run by **Moseley Community Development Trust**, but it only works because our community pulls together...



**Local businesses** who donate time, money and goods – like Sorrento Lounge, who make the soup for us



**Funders** who believe in it



**Volunteers** who give their time and energy



**People like you** who give small donations